

Dr Dirk Bester

As an academic who came from the field of biomedical sciences, where I started at CPUT as a student and completed my Doctorate in 2010. I have since followed the research pathway and have served in several research capacities and groups since. I am currently the Faculty Research Coordinator for the Faculty of Health and Wellness Sciences, which means I have a good understanding of university processes, including research project development, research review, research ethics and supervision. I work in a multi and transdisciplinary manner in most of my projects and am comfortable contributing to most research topics.

As a coach, I have completed my training and credentialing in the first quarter of 2024. Through my training, I have realised, however, that I have been using the coaching method for many years in supervising and teaching my students. As such, I feel comfortable in coaching in the academic space, both for students and staff members, to assist them in finding their goals and keeping them accountable in achieving their dreams. I have a particular interest in neurodiversity coaching, research coaching, career development coaching, skills development coaching, and coaching to assist in overcoming challenges.